

Trends in Adult Day Programs

- More than 3,500 adult day centers are currently operating in the United States providing care for 150,000 older Americans each day.
- Nearly 78 percent of adult day centers are operated on a nonprofit or public basis and the remaining 22 percent are for profit.
- 74 percent of adult day centers are affiliated with larger organizations such as home care, skilled nursing facilities, medical centers, or multi-purpose senior organizations.
- The average age of the adult day consumer is 72, and two-thirds of all participants are women.
- One quarter of the participants live alone and three-quarters live with a spouse, adult children, or other family and friends.
- Fifty percent of the participants using adult day services centers nationwide have some cognitive impairment and one third require nursing services at least weekly.
- Fifty-nine percent of the participants require assistance with two or more activities of daily living: eating, bathing, dressing, toileting or transferring; forty-one percent require assistance in three or more areas.
- Daily fees for services are almost always less than a home health visit and about half the cost of a skilled nursing facility. Daily fees for adult day services vary depending upon the services provided. Average cost across the country is approximately \$56.
- Funding for adult day services comes from participant fees, third party payers as well as public and philanthropic sources.

SOURCE: National Association for Adult Day Services