

## ***Adult Day Services Programs Outside of Alameda County***

There are Adult Day Services Programs throughout California and across the country. This sheet lists the easiest ways to locate a program in the area you desire.

### **Local Adult Day Services Networks**

Both San Francisco County and Contra Costa County have Adult Day Services Networks. They can provide you with specific information on adult day programs in their respective counties. Contact them at:

#### **San Francisco Adult Day Services Network**

[www.sfadulthood.org](http://www.sfadulthood.org)

(415) 773-0111

#### **Adult Day Care Network of Contra Costa**

[www.adulthoodcc.org](http://www.adulthoodcc.org)

(925) 682-1000

### **In California**

If you are looking for an adult day program in California, the easiest way to find one is to use the California Association for Adult Day Services (CAADS) website. This website lists every adult day program in California, by county. Contact them at:

#### **California Association for Adult Day Services**

[www.caads.org](http://www.caads.org)

(916) 552-7400

### **Across the Country**

If you are looking for an adult day services program outside of California, contact the Area Agency of Aging in that county and state. Area Agencies on Aging have substantial information on many different types of services for seniors, including adult day programs. Each Area Agency has a telephone information and assistance service staffed by a representative who can give you a host of information on services for seniors, including the addresses and phone numbers of adult day programs in your desired location.

You can do a web search for the Area Agency on Aging in the county and state in which you are interested. If you prefer, you can use the Eldercare Locator, which maintains a database of all the Area Agencies of Aging in the U.S. by county and state. Contact them at:

#### **Eldercare Locator**

[www.eldercare.gov](http://www.eldercare.gov)

(800) 677-1116